

#### Care at Community Clinics

# Christopher Reif, MD, MPH Community University Health Care Center (CUHCC)

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#### **Our Values**



- Welcoming all people, with an emphasis on providing care to underserved and vulnerable residents of South Minneapolis communities
- Partnerships with patients, and their families and communities that builds upon strengths
- Participatory evaluation to improve programs
- Educating prospective health providers in delivering care to the community

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## Medical, Mental Health, Dental



• Each patient gets primary care services for medical, mental health, and dental

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## **Primary Care**



#### • Primary Care includes:

Acute problems

Chronic problems

Prevention

Family Issues

Community issues

sore throat, sprain, tooth pain

diabetes, back, schizophrenia

smoking, obesity, heart, teeth

depression, asthma, ADHD,

TB, H1N1, lead

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#### Services: Medical - 2009



•	Prenatal / Deliveries	243
•	Well Child Check Ups	1,209
•	Hypertension	556
•	Diabetes	458
•	Asthma	264
•	Drug/alcohol treatment	173
•	Weight reduction	119
•	Tb	50
•	Syphilis	48
•	HIV	7

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# Services - Mental Health 2009



• SPMI 1,883

- Schizophrenia
- Bipolar
- Severe Depression

• Depression 1,967

Anxiety/PTSD 722

• ADHD 253

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#### Services - Dental 2009



•	Exams	3,460
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•	Hygiene	2,111
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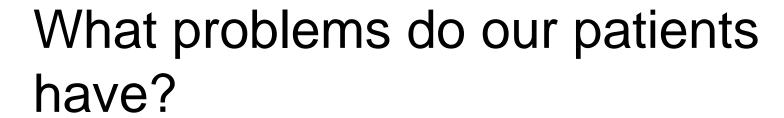
<ul> <li>Cavities</li> </ul>	1,426
• Cavities	1,420

<ul> <li>Periodontal/Gum</li> </ul>	771
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689

• Sealants 286

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- Prenatal Screen, CUHCC, 2008
  - 66% lacked social support
  - 40% housing problems
  - 50% transportation difficulties
  - 26% food insecurities
  - 10% partner violence
  - 20% serious depression
  - 20% moderate alcohol use
  - 19% moderate drug use
  - 31% smoking

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## What are we doing at CUHCC?



- Case managers -- for SPMI patients
- RN Care Managers -- for OB, diabetes, kids
- Computer "alerts" for preventive services
- "Panels" of patients with chronic disease
- Classes for cultural groups to address diabetes and mental health issues
- Triage for urgent and emergency care

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# What are we doing at CUHCC?



- Preventive services for our seriously mentally ill patients (1,830)
- "Bright Smiles"- Dental for kids & prenatal
  - 74 to 80% with prevention visit
- "Healthy Kids" prevention for kids
  - 78 to 86% with Well Child Visit

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## One Clinic Morning



- KN. 55 M. Cambodian; Lipids, HTN, Schizophrenia. A1c 6.7, 112/71. Activity.
- VG. 52 M. AA. HTN. Smoking + Flu
- AY. 2 mo F. Somalian. WCC + Shots. Sugar.
- SL. 62 M. White. Heart Attack. <u>Diet & Activity.</u>

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#### **Teach Students & Residents**



- 238 Students & Residents in 2010
  - Students: Medical, nursing, dental, pharmacy,
     public health, social work
  - Residents: Internal Medicine, Pediatrics,
     Family Practice, Psychiatry, Dentistry

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